# Art Activity Pack

Although the Longwood Center for the Visual Arts is temporarily closed, we want to continue to share our passion for creating art with our community. In this packet you will find activities to inspire your creativity and promote self-expression.

We hope you enjoy these art projects as much as we enjoyed creating them. We look forward to seeing you soon when we open our doors again. Until then, keep making, dreaming, and exploring your imagination.

Sincerely, The Longwood Center for the Visual Arts

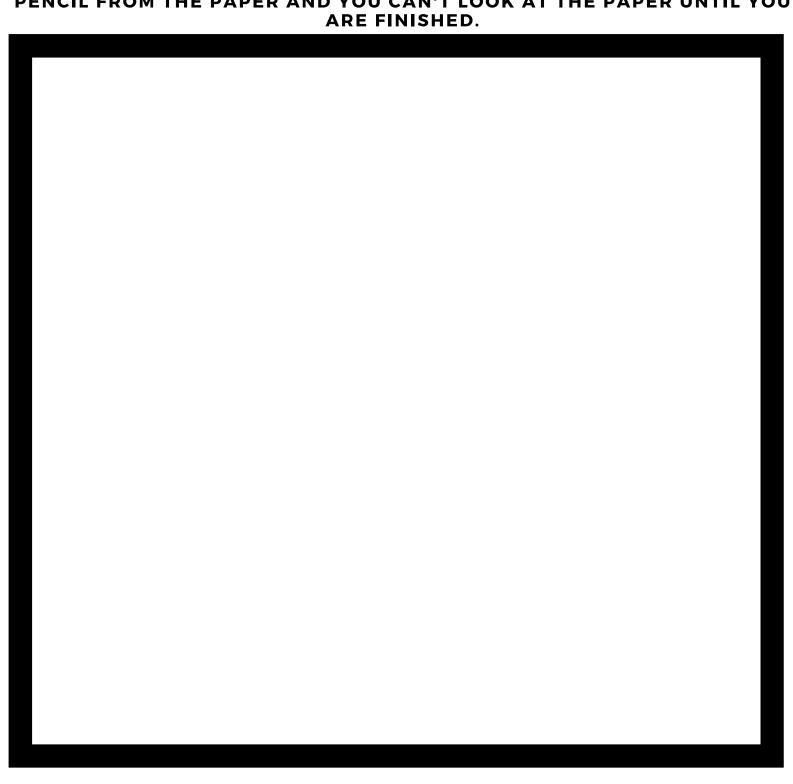
Be sure to visit our website longwood.edu/lcva and follow us on Facebook, Instagram, and Pinterest for more art, exhibitions, and educational programs.

LCVA is the art museum of Longwood University. Located in historic downtown Farmville, LCVA serves as a physical and cultural bridge between the university and our community at large. It is the only museum of its kind, scope, and size in the area surrounding our home base, Prince Edward County. Our commitment to improving the quality of life in the region by providing full access to the visual arts is the heart of our mission.

LCVA exhibitions and programs are made possible through the generous support of the Wells Fargo Foundation, the Walter J. Payne Foundation, Anne Carter & Walter R. Robbins, Jr. Foundation, the E.B. Duff Charitable Lead Annuity Trust, Southside Electric Cooperative, Walmart, Julie Kline Dixon and Guy Dixon, Navona & David Hart, Real Living Cornerstone, Helton House, Haley Auto Mall, The Woodland, Inc., Candice Jamison Dowdy '69 and Charles H. Dowdy III + Northwestern Mutual, Foster Fuels, Linda Arthur, Dominion Energy Charitable Foundation, Hotel Weyanoke, Karol and Philip Hull, and Longwood University Office of Alumni and Career Services.

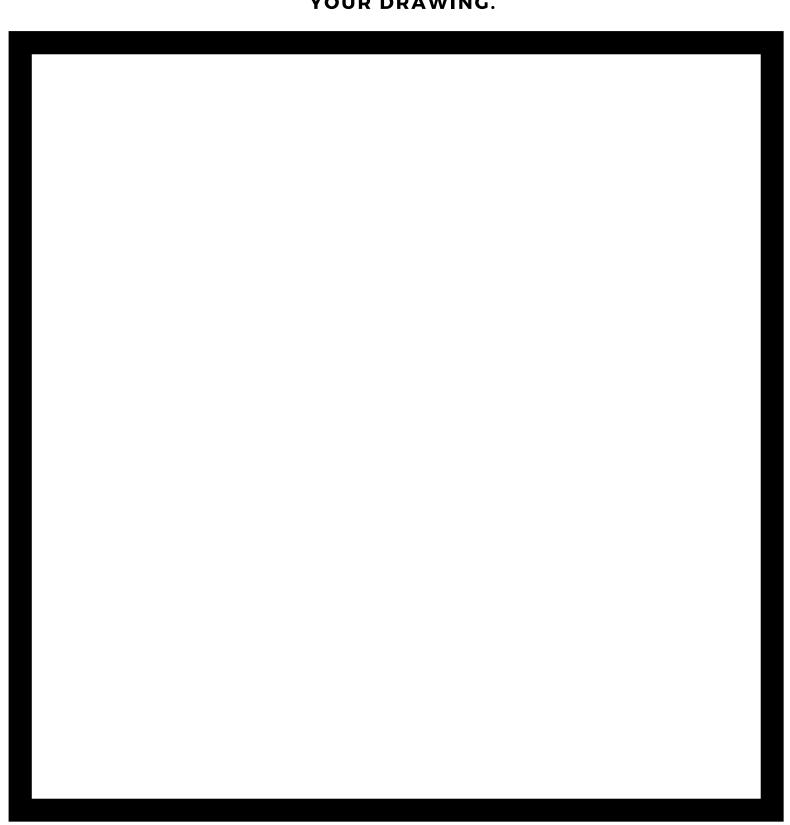
## ART JOURNAL PROMPT

A BLIND CONTOUR DRAWING IS A DRAWING EXERCISE THAT HAS TWO RULES 1.YOU CAN'T PICK YOUR PENCIL UP FROM THE PAPER AND 2. YOU CAN'T LOOK AT THE PAPER WHILE YOU ARE DRAWING. LOOK AROUND THE ROOM AND FIND SOMETHING YOU WANT TO DRAW- IT CAN BE A PERSON, OBJECT, OR ANYTHING YOU WOULD LIKE. PUT YOUR PENCIL TO THE PAPER AND START DRAWING. REMEMBER YOU CAN'T LIFT YOUR PENCIL FROM THE PAPER AND YOU CAN'T LOOK AT THE PAPER UNTIL YOU ARE FINISHED.



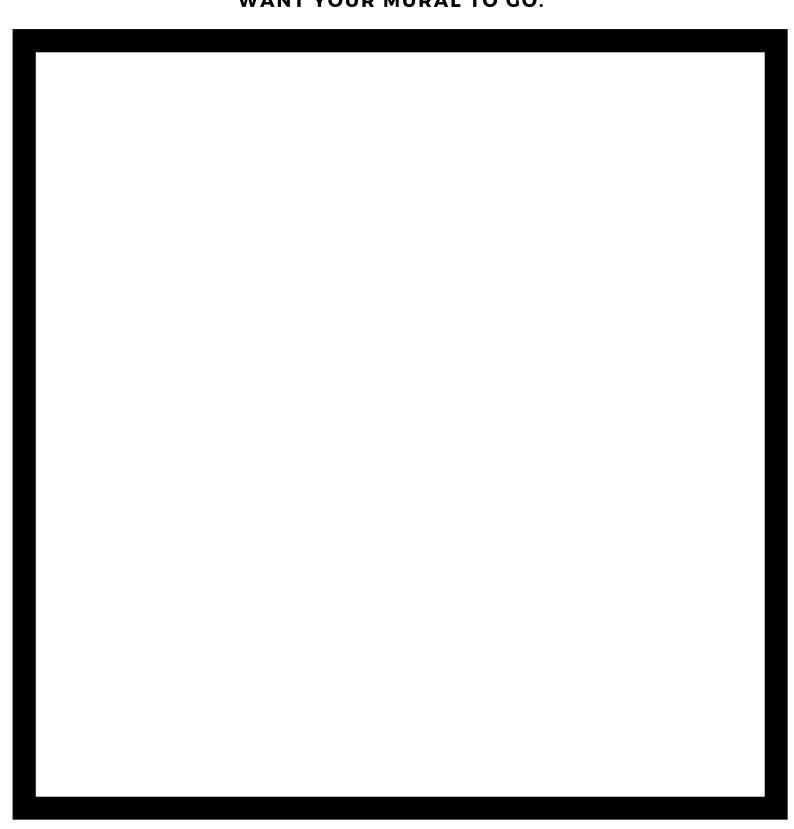
## ART JOURNAL PROMPT

START OFF BY THINKING OF YOUR FAVORITE SONG. IF YOU HAD TO DRAW WHAT THE SONG WAS ABOUT WITHOUT USING ANY WORDS WHAT WOULD IT LOOK LIKE? USE THE SPACE BELOW TO CREATE YOUR DRAWING.



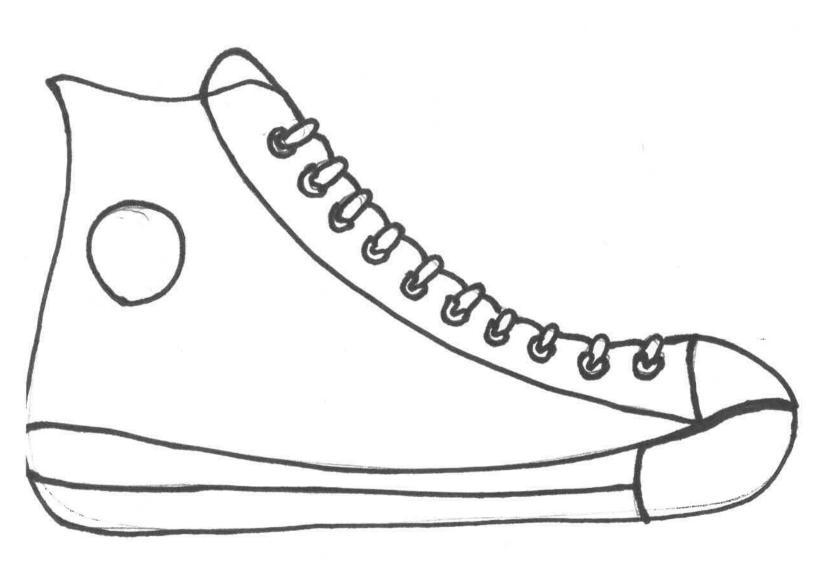
## ART JOURNAL PROMPT

IF YOU COULD PAINT A MURAL IN YOUR TOWN WHAT WOULD IT LOOK LIKE? USE THE SPACE BELOW TO DESIGN YOUR VISION FOR A COMMUNITY MURAL. DON'T FORGET TO DECIDE WHERE YOU WOULD WANT YOUR MURAL TO GO.



## ART JOURNAL PROMPT

CREATE YOUR OWN UNIQUE SHOE DESIGN. YOU CAN USE ANY COLORS AND DESIGN YOU WANT.



#### **Zentangle: A Tutorial**

Now is a time to take a minute to meditate and make some art. Do not judge - just let it flow

#### Materials:

- Square Paper (Post-Its Work Great!)
- Pencil
- Pen

The Eight Steps of the Zentangle Method

Step 1 - Gratitude and Appreciation

Step 2 - Corner Dots

Step 3 - Border

Step 4 - String

Step 5 - Tangle

Step 6 - Shade

Step 7 - Initial and Sign

Step 8 – Appreciate

"Begin by giving thanks and appreciation. Put a pencil dot in each corner. Connect those dots with a light pencil line to create a square. Draw a line or lines to make a "string." The string separates your tile of paper into sections. A tangle is a predefined sequence of simple strokes that make up a pattern. Draw your tangles in pen inside (usually) the pencil strings and borders. Tangle is both noun and verb. Just as you dance a dance, you tangle your tangles. Draw your tangles with deliberate strokes. Don't worry about what it's going to look like. Just focus on each stroke of the pen as you make it. Trust that you'll know what to do next when the time to do it comes. There is no up or down to Zentangle art so feel free to rotate your tile in any direction that is most comfortable for your hand as you draw. Add shades of gray with a graphite pencil to bring contrast and dimension to your tile. The black and white two-dimensional tangles transform through shading and appear three-dimensional. You can also use a tortillion (a paper blending stump) to soften and blend the graphite. This is art you created. You should sign it. Put your initials on the front (many people create a unique monogram or chop for this step). On the back, place your name, date, comments and observations. Hold your tile at arm's length. Turn it this way and that. Appreciate what you just created."

From: https://zentangle.com/pages/get-started





### What is a Haiku?

A haiku is a Japanese poem of seventeen syllables, in three lines of **five**, **seven**, and **five**, traditionally evoking images of the natural world.

Here are two examples of haiku poems from Matsuo Basho (1644-1694), considered the greatest haiku poet:

An old silent pond...
A frog jumps into the pond, splash! Silence again.
In the twilight rain

these brilliant-hued hibiscus - A lovely sunset.

### Can you count the syllables?

An/ old/ sil/ent/ pond... = 5 syllables A /frog/ jumps/in/to /the /pond, = 7 syllables splash!/ Si/lence a/gain. = 5 syllables

### Can you make your own?

## Make Your Own Puzzle

CREATE YOUR OWN DRAWING, DESIGN, OR MESSAGE BELOW.
WHEN YOU ARE DONE CUT OUT THE PUZZLE PIECES AND GIVE TO
SOMEONE TO PUT TOGETHER

