



Longwood Center for the Visual Arts
129 North Main Street
Farmville, VA 23901
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Professional Development Teacher Workshop
Integrating Art Therapy into the Classroom
February 14th, 2014

Lesson: *Feel The Music*
Grade Level: 6-8

Introduction

Art can be a great form of expression and stress-relief. Listening to music can have the same effect. If we combine the two, it can be very therapeutic. In this exercise, students will hear the music and express how it makes them feel through their art. Various genres of music will be explored, generating a wide array of artistic responses.

Goals	Virginia Standards of Learning
<p>Students will listen to various genres of music using personal experiences and emotions to express how the music makes them feel.</p>	<p>6.3 The student will communicate personal ideas, experiences, and narratives through the creation of works of art, using a variety of media.</p>
<p>Students will talk about and analyze why the music made them feel a certain way.</p>	<p>6.15 The student will describe ideas and emotions expressed in works of art.</p>
<p>Students will discuss how their art conveys a meaning and how that correlates with the music.</p>	<p>6.16 The student will identify how visual language communicates personal meaning.</p>
<p>Students will communicate how the music makes them feel using various types of art mediums.</p>	<p>7.4 The student will communicate ideas, experiences, and narratives through the creation of works of art, using traditional and contemporary media.</p>
<p>Students will reflect on one another's art and explain the meanings of their own works of art.</p>	<p>7.18 The student will analyze and reflect on the purposes and meaning of art.</p>
<p>Students will discuss their own</p>	<p>7.20 The student will interpret ways that</p>

culture and how it relates to the music and art.	social and cultural beliefs can influence responses to works of art.
Students will talk about and express through art how music and art can relate to current issues and events.	8.5 The student will convey points of view about contemporary issues in personal works of art.
Students will use social, political, and economic factors to influence their art.	8.12 The student will describe how works of art are influenced by social, political, and economic factors.
Students will talk about how their personal experiences affect their interpretation of the music into art.	8.17 The student will communicate how personal experiences influence critical interpretations and evaluations of works of art.

Supplies and Materials:

- Paint
- Markers
- Colored Pencils
- Paper
- Magazines
- Scissors
- Glue

TEACHER AND STUDENT PROCEDURE

TIME	TEACHER PROCEDURE	STUDENT PROCEDURE
Day 1		
10 minutes	The teacher will introduce the project (listening to music while creating art.) The teacher will talk about how different genres of music can make one feel a certain way.	The students will talk about the various emotions music can evoke. The students will talk about how they can be expressed through art.
25 minutes	The teacher will play music and facilitate classroom work time.	The students will create art while listening to music using materials of their choice.
Remainder of Class	The teacher will facilitate classroom cleanup.	The students will clean up their materials.
Day 2		
10 minutes		Students will participate in a class

	The teacher will review concepts from the previous class.	discussion on what they thought about the activities of the pervious class.
25 minutes	The teacher will play music (of a different genre) and facilitate classroom work time.	The students will create a new piece of art while listening to a different genre music.
Remainder of Class	The teacher will facilitate classroom cleanup.	The students will clean up their materials.
Day 3		
10 minutes	The teacher will review concepts from the previous class.	Students will participate in a class discussion on what they thought about the activities of the pervious class.
25 minutes	The teacher will play music (of a different genre) and facilitate classroom work time.	The students will create a new piece of art while listening to a different genre of music.
Remainder of Class	The teacher will facilitate classroom cleanup.	The students will clean up their materials.
Day 4		
45 minutes	The teacher will facilitate a class discussion about the last classes. The teacher will prompt students to talk about the different ways each genre of music made them feel and how it inspired their art.	The students will engage in a class discussion about their responses to the different music genres and how each affected their art. The students will show their art and explain how the music led them to create the art that they made.